

Save money and get healthier

Weight-management discounts

Save on Nutrisystem[®], Jenny Craig[®] and more

A healthier body, with a little help

To manage your weight with success, a little support is always nice. You've got it — great savings on today's most popular weight-loss programs and meal plans.

These discounts are included with your Aetna health benefits and insurance plan. And your family members can use them, too.

Nutrisystem discounts

You can:

- Save on any 28-Day Nutrisystem[®] Success[™] weight-loss meal plan*
- Enjoy a larger discount when you sign up for auto-delivery**
- Choose from over 150 menu items
- Get online tools and coaching

*The Aetna discount does not apply to any weight-loss meal plan in which you are already enrolled. To receive the discounted rate, you must wait until your current plan ends. If you are enrolled in auto-delivery, you must cancel it and then re-enroll to receive the discounted rate.

**Offer good on new 28-day auto-delivery orders only. With auto-delivery, you receive a discount off Nutrisystem's regular 28-day plan price and free shipping to the continental U.S. only.

CalorieKing[®] discounts

With CalorieKing, you'll get a personalized food and exercise diary to help you understand and improve your eating habits.

You can enjoy:

- Personalized goals based on your body's specific needs
- Lessons and interactive tools
- A diary to track calories and physical activity
- A large food database with nutritional information
- Support through a social network

The Aetna logo is displayed in a bold, lowercase, sans-serif font. The letters are a dark blue color. A registered trademark symbol (®) is located at the top right of the letter 'a'.

Jenny Craig discounts

You'll get a free 3-month program + \$50 in food savings* or save 50 percent on our premium programs.**

You'll also get:

- Unlimited sessions with your dedicated consultant
- Full menu selection with over 100 menu items
- Fresh food weekly, not monthly

Visit jennycraig.com/aetnamember or call **1-877-Jenny70** to schedule an appointment for a free consultation. And don't worry — there's no obligation.



How to get started

Once you're an Aetna member, just log in to your member website at aetna.com.

Then, you can:

- Sign up for these programs
- See your savings
- Cancel a program, if needed, and more

Manage your weight your way, with choices and savings that come with your Aetna plan.

THIS IS NOT INSURANCE. THIS IS A DISCOUNT PROGRAM ONLY.

*Valid for 3-month trial membership. Cost of food (\$15 – 23/day, CA\$17 – 26/day) and shipping not included. \$50 in food discounts to be used in \$10 increments for each minimum weekly food purchase of \$152/CA\$173. Active program enrollment and program eligibility status required, which includes meeting with a consultant and adhering to the full Jenny Craig meal plan. Free shipping of first order requires purchase of 2-week full planned menu order (minimum purchase of \$304) and valid for U.S. only. Offer valid at participating centers and Jenny Craig Anywhere. Not valid at jennycraig.com. New members only. No cash value. Not valid with any other offers or discounts. One offer per person. Restrictions apply.

**50 percent discount on enrollment fee for eligible premium programs. Plus the cost of food (\$15 – 23/day, CA\$17 – 26/day). Plus the cost of shipping, if applicable. Active program enrollment and program eligibility status required, which includes meeting with a consultant and adhering to the full Jenny Craig meal plan. Free shipping of first order requires purchase of 2-week full planned menu order (minimum purchase of \$304) and valid for U.S. only. No cash value. Not valid with any other offer or discounts. Only available at participating locations and Jenny Craig Anywhere. Not valid at jennycraig.com. New members only. Restrictions apply.

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This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain benefits. Discount offers are available to people who have health benefits plans that are issued, administered or serviced by Aetna or our affiliates. Discount offers provide access to discounted services and are not part of an insured plan or policy. Discount offers are rate-access offers and may be in addition to any plan benefits. Check any insurance benefits you have before using these discount offers, as those benefits may result in lower costs to you than using these discounts. Discount offers are not guaranteed and may be discontinued at any time. Aetna makes no payment to the discount vendor. You are responsible for the full cost of the discounted services. Aetna does not endorse any vendor, product or service associated with these discount offers. Vendors are independent of Aetna, not agents or employees. Programs, products and services may not be available at all times. Certain offers may not be available in some states. Products may be subject to a warranty from the manufacturer. Aetna makes no representations or warranties, and disclaims all product warranties. Aetna has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered. Aetna may receive a percentage of the fee paid to a discount vendor. Information is believed to be accurate as of the production date; however, it is subject to change.

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