

Relax and recharge

Natural products and services discounts

Give your health a natural boost

You have plenty of options with discounts on massage therapy, acupuncture ... even chiropractic visits.

It's a nice perk that comes automatically with your Aetna benefits and insurance plan. And the discounts are instant, so you save on the spot.

Healthy without the hassle

Getting your discounts couldn't be easier.

There are:

- No referrals
- No claims forms
- No limits on how many times you can save

Your covered family members can take advantage of these discounts, too.

Save on natural therapy services

Ready to be a more relaxed you? Take advantage of these services* at a discount off the normal fee.

You can:

- Ease your stress with **massage therapy**
- Heal pain or stress points with **acupuncture**
- Ease neck and back pain with **chiropractic care**
- Get advice from registered dietitians with **nutrition services**

It's easy: Search the online directory for a participating professional. Then, take your Aetna ID card to your appointment to save.

*Through the ChooseHealthy® program, which is made available through American Specialty Health Administrators, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

THIS IS NOT INSURANCE. THIS IS A DISCOUNT PROGRAM ONLY.



Stock up on natural products

You can also order healthy items like **over-the-counter vitamins** and **herbal and nutritional supplements**.

Plus:

- Aromatherapy products
- Natural body care products
- Yoga equipment and more

To browse available options, log in to your member website.



It's easy to get started

Once you're a member, all you need to do is log in to your secure member website at **aetna.com**.

From there, you can find participating professionals, order products and more.

Healthy you, healthy savings. It's just one of the perks of your Aetna plan.

If you require language assistance, please call the Member Services number on your Aetna ID card, and an Aetna representative will connect you with an interpreter. If you're deaf or hard of hearing, use your TTY and dial 711 for the Telecommunications Relay Service. Once connected, please enter or provide the Aetna telephone number you're calling.

Si usted necesita asistencia lingüística, por favor llame al número de Servicios al Miembro que figura en su tarjeta de identificación de Aetna, y un representante de Aetna le conectará con un intérprete. Si usted es sordo o tiene problemas de audición, use su TTY y marcar 711 para el Servicio de Retransmisión de Telecomunicaciones (TRS). Una vez conectado, por favor entrar o proporcionar el número de teléfono de Aetna que está llamando.

In Idaho, health benefits and health insurance plans are offered and/or underwritten by Aetna Health of Utah Inc. and Aetna Life Insurance Company (Aetna). For all other states, health benefits and health insurance plans are offered and/or underwritten by Aetna Health Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company, Aetna Health Assurance Pennsylvania Inc. and/or Aetna Life Insurance Company. In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Utah and Wyoming, by Aetna Health of Utah Inc. and Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain benefits. Discount offers provide access to discounted services and are not part of an insured plan or policy. Discount offers are rate-access offers and may be in addition to any plan benefits. Check any insurance benefits you have before using these discount offers, as those benefits may result in lower costs to you than using these discounts. Discount offers are not guaranteed and may be discontinued at any time. Aetna makes no payment to the discount vendor. You are responsible for the full cost of the discounted services. Aetna does not endorse any vendor, product or service associated with these discount offers. Vendors are independent of Aetna, not agents or employees. Programs, products and services may not be available at all times. Certain offers may not be available in some states. Products may be subject to a warranty from the manufacturer. Aetna makes no representations or warranties, and disclaims all product warranties. Aetna has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered. Aetna may receive a percentage of the fee paid to a discount vendor. Information is believed to be accurate as of the production date; however, it is subject to change. Natural health care services providers are credentialed using ASH Networks' credentialing policies and procedures, which are consistent with URAC accreditation and NCQA certification requirements.

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