

**2020 Aetna® Medical Plan Resource Guide** State of Illinois — College Insurance Program



# 2020 medical plans at a glance

You have three medical plans to choose from. The summaries outlined on the following pages show plan benefit levels when you use the doctors and hospitals in our network. You can go outside the network, but you'll usually pay more. Your Open Enrollment materials from the State of Illinois will include more details.

HMO plan						
Deductible	Individual: \$0 Family: \$0	Outpatient surgery	100% after \$200 copay			
Coinsurance	100% (80% for DME)	Annual out-of-pocket maximum	Single: \$3,000 Family: \$6,000			
PCP office visit	100% after \$30 copay	Prescription drugs	Retail: \$0 deductible per-person			
Teladoc®	100% after \$30 copay		• Reduced Tier 1: \$4.00 per 30-day supply (Maintenance drugs, see below)			
Specialist office visit	100% after \$30 copay		• Tier 1: \$12 per 30-day supply			
Emergency room visit	100% after \$200 copay		• Tier 2: \$24 per 30-day supply			
Preventive services	100% coverage		<ul><li>Tier 3: \$48 per 30-day supply</li><li>Specialty Tier: \$96 per 30-day supply</li></ul>			
Inpatient services	100% after \$250 copay per admission		31 to 90-day retail/mail order supplies are 2.5 times copay.			

# 2020 Aetna maintenance drugs for HMO Reduced Tier 1

Get the most out of your HMO Reduced Tier 1 drug coverage by choosing value drugs with a reduced copay. You can find more information about your pharmacy benefits under "FAQs" on **AetnaStateofIllinios.com**.

Category	Generic medicine	
Anticoagulants		
jantoven tabs 1 mg jantoven tabs 2 mg jantoven tabs 2.5 mg jantoven tabs 3 mg jantoven tabs 4 mg jantoven tabs 5 mg	jantoven tabs 6 mg jantoven tabs 7.5 mg jantoven tabs 10 mg warfarin tabs 1 mg warfarin tabs 2 mg warfarin tabs 2.5 mg	warfarin tabs 3 mg warfarin tabs 4 mg warfarin tabs 5 mg warfarin tabs 6 mg warfarin tabs 7.5 mg warfarin tabs 10 mg
Antidepressants		
citalopram hydrobromide tabs 10 mg citalopram hydrobromide tabs 20 mg citalopram hydrobromide tabs 40 mg fluoxetine hcl caps 10 mg fluoxetine hcl caps 20 mg	fluoxetine hcl caps 40 mg paroxetine hcl tabs 10 mg paroxetine hcl tabs 20 mg paroxetine hcl tabs 30 mg	paroxetine hcl tabs 40 mg sertraline hcl tabs 25 mg sertraline hcl tabs 50 mg sertraline hcl tabs 100 mg
Antidiabetic		
glimepiride tabs 1 mg glimepiride tabs 2 mg glimepiride tabs 4 mg glipizide er tb24 2.5 mg glipizide er tb24 5 mg glipizide er tb24 10 mg glipizide tabs 5 mg glipizide tabs 10 mg glipizide xl tb24 2.5 mg glipizide xl tb24 5 mg glipizide xl tb24 10 mg glipizide/metformin hcl tabs 2.5-250 mg	glipizide/metformin hcl tabs 2.5-500 mg glipizide/metformin hcl tabs 5-500 mg glyburide micronized tabs 3 mg glyburide micronized tabs 6 mg glyburide tabs 1.25 mg glyburide tabs 2.5 mg glyburide tabs 5 mg glyburide/metformin hcl tabs 1.25-250 mg glyburide/metformin hcl tabs 2.5-500 mg glyburide/metformin hcl tabs 5-500 mg metformin hcl er tb24 500 mg	metformin hcl tabs 850 mg metformin hcl tabs 1000 mg nateglinide tabs 60 mg nateglinide tabs 120 mg pioglitazone hcl tabs 15 mg pioglitazone hcl tabs 30 mg pioglitazone hcl tabs 45 mg pioglitazone hcl/metformin hcl tabs 15-500 mg pioglitazone hcl/metformin hcl tabs 15-850 mg repaglinide tabs 0.5 mg repaglinide tabs 1 mg repaglinide tabs 2 mg
Antihyperlipidemic		
atorvastatin calcium tabs 10 mg atorvastatin calcium tabs 20 mg atorvastatin calcium tabs 40 mg atorvastatin calcium tabs 80 mg gemfibrozil tabs 600 mg lovastatin tabs 10 mg lovastatin tabs 20 mg	lovastatin tabs 40 mg pravastatin tabs 10 mg pravastatin tabs 20 mg pravastatin tabs 40 mg pravastatin tabs 80 mg rosuvastatin calcium tabs 5 mg rosuvastatin calcium tabs 10 mg	rosuvastatin calcium tabs 20 mg rosuvastatin calcium tabs 40 mg simvastatin tabs 5 mg simvastatin tabs 10 mg simvastatin tabs 20 mg simvastatin tabs 40 mg simvastatin tabs 80 mg

#### The Aetna Drug Guide is subject to change.

#### Category **Generic medicine** Antihypertensive amlodipine/benazepril hcl caps 2.5-10 mg clonidine hcl tabs 0.1 mg olmesartan medoxomil/hctz tabs 20-12.5 mg amlodipine/benazepril hcl caps 5-10 mg clonidine hcl tabs 0.2 mg olmesartan medoxomil/hctz tabs 40-12.5 mg amlodipine/benazepril hcl caps 5-20 mg clonidine hcl tabs 0.3 mg olmesartan medoxomil/hctz tabs 40-25 mg amlodipine/benazepril hcl caps 5-40 mg perindopril erbumine tabs 2 mg enalapril tabs 2.5 mg amlodipine/benazepril hcl caps 10-20 mg perindopril erbumine tabs 4 mg enalapril tabs 5 mg perindopril erbumine tabs 8 mg amlodipine/benazepril hcl caps 10-40 mg enalapril tabs 10 mg amlodipine/olmesartan medoxomil tabs guinapril hcl tabs 5 mg enalapril tabs 20 mg 10-20 mg enalapril/hctz tabs 5-12.5 mg quinapril hcl tabs 10 mg amlodipine/olmesartan medoxomil tabs enalapril/hctz tabs 10-25 mg quinapril hcl tabs 20 mg fosinopril tabs 10 mg auinapril hcl tabs 40 mg 10-40 mg quinapril/hctz tabs 10-12.5 mg amlodipine/olmesartan medoxomil tabs fosinopril tabs 20 mg fosinopril tabs 40 mg quinapril/hctz tabs 20-12.5 mg 5-20 mg fosinopril/hctz tabs 10-12.5 mg quinapril/hctz tabs 20-25 mg amlodipine/olmesartan medoxomil tabs fosinopril/hctz tabs 20-12.5 mg ramipril caps 1.25 mg 5-40 mg hydralazine hcl tabs 25 mg ramipril caps 2.5 mg amlodipine/valsartan tabs 5-160 mg irbesartan tabs 75 mg ramipril caps 5 mg amlodipine/valsartan tabs 5-320 mg irbesartan tabs 150 mg ramipril caps 10 mg amlodipine/valsartan tabs 10-160 mg irbesartan tabs 300 mg telmisartan tabs 20 mg amlodipine/valsartan tabs 10-320 mg irbesartan/hctz tabs 150-12.5 mg telmisartan tabs 40 mg amlodipine/valsartan/hctz tabs 5-160-12.5 telmisartan tabs 80 mg amlodipine/valsartan/hctz tabs 5-160-25 mg irbesartan/hctz tabs 300-12.5 mg lisinopril tabs 2.5 mg telmisartan/amlodipine tabs 40-5 mg amlodipine/valsartan/hctz tabs 10-160-25 lisinopril tabs 5 mg telmisartan/amlodipine tabs 40-10 mg amlodipine/valsartan/hctz tabs 10-320-25 lisinopril tabs 10 mg telmisartan/amlodipine tabs 80-5 mg amlodipine/valsartan/hctz tabs 10-160 mg lisinopril tabs 20 mg telmisartan/amlodipine tabs 80-10 mg benazepril hcl tabs 5 mg telmisartan/hctz tabs 40-12.5 mg lisinopril/hctz tabs 10-12.5 mg benazepril hcl tabs 10 mg lisinopril/hctz tabs 20-12.5 mg telmisartan/hctz tabs 80-12.5 mg benazepril hcl tabs 20 mg telmisartan/hctz tabs 80-25 mg lisinopril/hctz tabs 20-25 mg benazepril hcl tabs 40 mg losartan potassium tabs 25 mg terazosin hcl caps 1 mg benazepril hcl/hctz tabs 5-6.25 mg losartan potassium tabs 50 mg terazosin hcl caps 2 mg benazepril hcl/hctz tabs 10-12.5 mg terazosin hcl caps 5 mg losartan potassium tabs 100 mg benazepril hcl/hctz tabs 20-25 mg osartan potassium/hctz tabs 50-12.5 mg terazosin hcl caps 10 mg benazepril hcl/hctz tabs 20-12.5 mg trandolapril tabs 1 mg losartan potassium/hctz tabs 100-12.5 mg bisoprolol fumarate/hctz tabs 2.5-6.25 mg losartan potassium/hctz tabs 100-25 mg trandolapril tabs 2 mg bisoprolol fumarate/hctz tabs 5-6.25 mg trandolapril tabs 4 mg olmesartan medoxomil tabs 5 mg bisoprolol fumarate/hctz tabs 10-6.25 mg olmesartan medoxomil tabs 20 mg valsartan tabs 40 mg candesartan cilexetil tabs 4 mg olmesartan medoxomil tabs 40 mg valsartan tabs 80 mg candesartan cilexetil tabs 8 mg olmesartan medoxomil/amlodipine/ valsartan tabs 160 mg candesartan cilexetil tabs 16 mg hctz tabs 20-5-12.5 mg valsartan tabs 320 mg candesartan cilexetil tabs 32 mg valsartan/hctz tabs 80-12.5 mg olmesartan medoxomil/amlodipine/ candesartan cilexetil/hctz tabs 16-12.5 mg hctz tabs 40-5-12.5 mg valsartan/hctz tabs 160-12.5 mg candesartan cilexetil/hctz tabs 32-12.5 mg olmesartan medoxomil/amlodipine/ valsartan/hctz tabs 160-25 mg candesartan cilexetil/hctz tabs 32-25 mg valsartan/hctz tabs 320-12.5 mg captopril tabs 12.5 mg hctz tabs 40-5-25 mg valsartan/hctz tabs 320-25 mg captopril tabs 25 mg olmesartan medoxomil/amlodipine/ hctz tabs 40-10-12.5 mg captopril tabs 50 mg olmesartan medoxomil/amlodipine/ captopril tabs 100 mg hctz tabs 40-10-25 mg Beta Blockers atenolol tabs 25 mg metoprolol tartrate tabs 25 mg propranolol hcl tabs 80 mg atenolol tabs 50 mg metoprolol tartrate tabs 50 mg sorine tabs 80 mg atenolol tabs 100 mg metoprolol tartrate tabs 100 mg sorine tabs 120 mg carvedilol tabs 3.125 mg propranolol hcl tabs 10 mg sotalol hcl (af) tabs 120 mg carvedilol tabs 6.25 mg propranolol hcl tabs 20 mg sotalol hcl tabs 80 mg carvedilol tabs 12.5 mg propranolol hcl tabs 40 mg sotalol hcl tabs 120 mg carvedilol tabs 25 mg Calcium Blockers amlodipine tabs 2.5 mg diltiazem hcl tabs 60 mg verapamil hcl tabs 120 mg amlodipine tabs 5 mg verapamil hcl tabs 40 mg diltiazem hcl tabs 90 mg verapamil hcl tabs 80 mg amlodipine tabs 10 mg diltiazem hcl tabs 120 mg diltiazem hcl tabs 30 mg verapamil hcl er tbcr 120 mg Diuretics amiloride/hctz tabs 5-50 mg hctz caps 12.5 mg triamterene/hctz caps 37.5-25 mg triamterene/hctz tabs 37.5-25 mg furosemide tabs 20 mg hctz tabs 25 mg furosemide tabs 40 mg hctz tabs 50 mg triamterene/hctz tabs 75-50 mg

spironolactone tabs 25 mg

furosemide tabs 80 mg

# 2020 medical plans at a glance, continued

**Note:** MAC is the maximum allowable charge.

		OAP	C	СНР	
	Tier 1	Tier 2	Tier 3	In network	Out of network
Deductible	Individual: \$0 Family: \$0	\$300 per enrollee	\$400 per enrollee	\$750 per benefit recipient	\$750 per benefit recipient
Coinsurance	100% (80% for DME)	80% of network charges	60% of MAC	80% of network charges	60% of MAC
PCP office visit	100% after \$30 copay	80% of network charges after deductible	60% of MAC after deductible	80% of network charges after deductible	60% of MAC after deductible
Teladoc	100% after \$10 copay	Not covered	Not covered	80% of network charges after deductible	60% of MAC after deductible
Specialist office visit	100% after \$30 copay	80% of network charges after deductible	60% of MAC after deductible	80% of network charges after deductible	60% of MAC after deductible
Emergency room visit	100% after \$200 copay	100% after \$200 copay	100% after \$200 copay	80% of network charges after \$400 ER deductible and plan year deductible	80% of network charges after \$400 ER deductible and plan year deductible
Preventive services	100% coverage	100% coverage	Covered under Tier 1 and 2 only	100% coverage	60% of MAC after deductible
Inpatient services	100% after \$250 copay per admission	80% of network charges after \$300 copay and deductible	60% of MAC after \$400 copay and deductible	80% of network charges after \$250 hospital deductible and plan year deductible	60% of MAC after \$500 hospital deductible and plan year deductible
Outpatient surgery	100% after \$200 copay	80% of network charges after \$200 copay and deductible	60% of MAC after \$200 copay and deductible	80% of network charges after deductible	60% of MAC after deductible
Annual out-of-pocket maximum	Individual: \$6,600 Family: \$13,200	Individual: \$6,600 Family: \$13,200	Not applicable	Individual: \$1,500 Family: \$3,000	Individual: \$4,500 Family: \$9,000
Prescription drugs	Administered through the state self-insured prescription benefits manager	Administered through the state self-insured prescription benefits manager	Administered through the state self-insured prescription benefits manager	Administered through the state self-insured prescription benefits manager	Administered through the state self-insured prescription benefits manager



## Provider search tool

It's easy to find a network provider. Using the provider search tool you can look for doctors, specialists, walk-in clinics and urgent care centers, hospitals and even labs.

- **1.** Go to **AetnaStateofIllinois.com** and click on **"Find a Doctor"** at the top of the page.
- 2. Click on your plan's link to access the provider search tool.
- .... **3.** Enter your zip code in the **"Continue as a guest"** section.
- **4.** Enter your doctor's name or the type of provider that you would like to find. You can also select a provider category for an automatic search.

If you're an Aetna member, you have a personalized version of the directory. It "recognizes" you and your plan. Just log in to search or register in the "Already a member?" section. You will get the same results as you would by using the "Continue as a guest" option.



# Talk to a doctor, 24/7

Teladoc is a service that connects you to board-certified primary care doctors, 24/7. Teladoc doctors can treat many non-emergency medical issues by phone or video chat, including colds, flu, bronchitis, infections and more. Set up your account at **Teladoc.com/Aetna**, or call **1-855-835-2362** to get started.

You can also download the free Teladoc app on your mobile device.



# Plan resources at your fingertips

#### **Aetna Member Services**

Get answers to all your benefits and claims questions when you call **1-855-339-9731 (TTY: 711)**, Monday through Friday, 7 AM to 5 PM CT.

#### Your Aetna member website

After you enroll in the medical plan, register at **AetnaStateofIllinois.com**. Then log in anytime to confirm who's covered under your plan, check the status of claims, view Explanation of Benefits (EOB) statements and more.

#### Cost estimator tool\*

Use this tool to get actual costs of procedures and treatments using providers and facilities in your area. This tool factors in plan details like your remaining deductible and your copay or coinsurance.

### Aetna Health™ app

Manage your health with the personalized Aetna Health app. You can pull up a digital copy of your Aetna ID card and search for network doctors on the go. Download the app from your app store, or text **AETNA** to **90156** for a link.\*\*

# **Enjoy these wellness programs and extras**

#### **24-Hour Nurse Line**

Speak with a registered nurse about health issues—anytime, day or night. While only your doctor can diagnose, prescribe or give medical advice, our nurses can provide information on more than 5,000 health topics.

#### Aetna In Touch Care™

If you have an upcoming hospital stay or a chronic condition, like diabetes, high blood pressure or asthma, an Aetna In Touch Care nurse or consultant can help. Your personal nurse doesn't replace your doctor but can help you stay on track with your treatment program and help coordinate your care.

# Simple Steps To A Healthier Life® program

Want to leave those unhealthy habits behind for good? Try Simple Steps To A Healthier Life. It's included with your health plan, and you'll learn strategies to manage your weight, deal with stress, quit smoking and more.

## Aetna member discounts\*\*\*

As an Aetna member, you can take advantage of membersonly savings on vision and hearing care, gym memberships, weight-management programs, natural products and services, vitamins, and much more.

- \*Estimated costs not available in all markets for all procedures. Actual costs may differ depending on services received and billed at time of claim.
- \*\*\*Data and messaging rates may apply
- \*\*\*DISCOUNT OFFERS ARE NOT INSURANCE. They are not benefits under your insurance plan. You get access to discounts off the regular charge on products and services offered by third party vendors and providers. Aetna makes no payment to the third parties—you are responsible for the full cost. Check any insurance plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts.

TTY: 711

To access language services at no cost to you, call 1-855-339-9731.

Para acceder a los servicios de idiomas sin costo, llame al 1-855-339-9731. (Spanish)

如欲使用免費語言服務,請致電 1-855-339-9731。(Chinese)

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