



Fit and fabulous

Fitness discounts for you

There's no stopping you

Every time you take the stairs, snack healthy or kick a bad habit, your body gets stronger. Now, here's a little motivator to help you keep up the good work: *good savings*.

With your Aetna® plan, you get discounts on gym memberships, health coaching and much more.

Healthy lifestyle discounts

Save on gym memberships, health coaching, fitness gear and nutrition products that support a healthy lifestyle.

You also save on:

- Wearable fitness devices
- Yoga, meditation and wellness programs
- Group fitness on demand

Discounts with no referrals, claims or limits. Your family can use them, too.

THIS IS NOT INSURANCE. THIS IS A DISCOUNT PROGRAM ONLY.

In Idaho, health benefits and health insurance plans are offered and/or underwritten by Aetna Health of Utah Inc. and Aetna Life Insurance Company (Aetna). For all other states, health benefits and health insurance plans are offered and/or underwritten by Aetna Health Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company, Aetna HealthAssurance Pennsylvania Inc. and/or Aetna Life Insurance Company. In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Utah and Wyoming, by Aetna Health of Utah Inc. and Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.



Be fit your way. With choices and savings that come with your Aetna plan.

Even more savings

If you'd like to work toward your fitness goals at home, you'll love these savings.

One-on-one health coaching

Get support to lose weight, ease stress and more.

Online group fitness sessions

Try a class on your schedule, in private, with online, on-demand fitness sessions.

At-home weight-loss programs

Get weight-loss tips and menus and track progress from the privacy of your home.

How to get started

Once you're an Aetna member, just log in to your member website at [aetna.com](https://www.aetna.com).

DISCOUNT OFFERS ARE NOT INSURANCE. They are not benefits under your health plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Aetna makes no payment to the third parties — you are responsible for the full cost. Check any health plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts. Vendors and providers are not agents of Aetna and are solely responsible for the products and services they provide. Discount offers are not guaranteed and may be ended at any time. Aetna may get a fee when you buy these discounted products and services.

